2022 B.A.A. 10K FAQs

Preparing For Race Day

Make sure to check the B.A.A. website for most up-to-date race day information

Q: When is race day?

A: In-person race day is Sunday, June 26, 2022 and starts at 8am. Virtual walkers and runners can pick a day, time, and location that works for them throughout the weekend of June 26.

Q: How long is the 10K race?

A: The race is 6.2 miles.

Q: Do I have to run the race?

A: NO! All fitness levels (runners and walkers) are welcome to participate.

Q: How old do I have to be to run in the B.A.A. 10K?

A: Individuals must be 12 years old by June 26, 2022 to run the race in-person. If an individual will not be of age come race day, they can be a virtual teammate!

Q: Is a COVID-19 vaccination required to run?

A: Yes, you are required to be vaccinated to run the <u>B.A.A. 10K in-person on June 26 per the B.A.A.</u> You will be prompted to submit proof of requirement via CrowdPass. You must submit proof prior to June 26 to participate in the 10K.

Q: What happens if I test positive for COVID-19 the week leading up to race day?

A: If you test positive for COVID-19 or are experiencing any symptoms, please DO NOT attend the 10K and notify the Brigham Running Team at team@bwh.harvard.edu **ASAP.** Please note, that both the Brigham (fundraising) and B.A.A. (race fee) do not offer refunds.

Q: How do I register with the B.A.A.?

A: After completing your registration on TeamRaiser, you will be sent an email from the B.A.A. with steps on how to officially register for the in-person race. If you do not receive this email, please email <u>team@bwh.harvard.edu</u> ASAP so you are registered in time for race day.

B.A.A. 10K TEAM 2022

Q: Where and when can I pick up my Brigham 10K race shirt?

A: There are four ways to get your shirt:

- 1. 6/22 (6:30am 3:30am) on BWH main campus (outside the Pike gift shop)
- 2. 6/22 (6:30am 3:30pm) on Faulkner campus (outside the cafeteria)
- 3. 6/25 at the Brigham Team tent on Boston Common (2pm 3:30pm)
- 4. 6/26 (race day) at the Brigham Team tent on Boston Common (6:30am 11am)
- 5. Request your shirt be mailed to you (<u>must complete this form</u> or email <u>team@bwh.harvard.edu</u> by 6/21 to receive shirt in the mail)
 - a. Shirts for all virtual runners will be mailed the week of 6/20

Q: Are dogs allowed on the course on race day?

A: No, dogs and other animals are not allowed on the course.

Q: Is there basic participant information from the B.A.A. I should know about?

A: Please check out the 10K participant basics found by clicking here from the B.A.A.

Race Day

Q: What time and where does the 10K start?

A: The race begins at 8am on Boston Common. The Brigham Team Tent will open at 6:30AM for our teammates.

Q: What will I do at the Brigham Team Tent?

A: Mingle with teammates, decorate your shirt, grab some fun tattoos, stretch & foam roll, use private porta potties, etc. and take team photos starting at 7:05am! The tent opens on 6:30am and is located right next to the baseball fields.

Q: How do I get to Boston Common on race day?

A: There are three options:

- 1. **MBTA Stations**: Chinatown is the closest orange line station. Boylston and Arlington are the closets green line stations.
- 2. **Parking**: It is recommended to park at the garage at 100 Clarendon in Boston's Back Bay. On-street parking in the surrounding neighborhoods of Beacon Hill and Back Bay are available but limited.
- 3. **Drop-off/pick-up**: Charles Street will be closed at 5am and drop-off access near the start line will be blocked. Please get dropped off on Beacon St, Boylston St, Tremont St, or other nearby streets.

Q: What items must I have with me on race day?

A: Photo ID, B.A.A. bib number, and your Brigham race day shirt!

Q: Where do I pick up my bib number?

A: The B.A.A. has mailed runner bibs. If you did not receive your bib in the mail OR you misplace your bib and need a new one, please proceed to B.A.A. Registration Tent near the start area between 6:30am and 7:30am on race day. A valid government issued photo ID is required to claim or replace your bib number.

Q: There is inaccurate information on my bib, what should I do?

A: If inaccuracies appear on the bib number, or your bib number appears damaged, please send an email to accountservices@baa.org, or visit the B.A.A. Registration Tent near the start area between 6:30 a.m. and 7:30 a.m. on race day.

Q: Do I get a B.A.A. shirt?

A: Yes! The B.A.A. shirt is different than the Brigham Team shirt. You can pick up your B.A.A. shirt from the Shirt Distribution Tent, which is located on Boston Common by the start/finish area. Shirt distribution will only be available on race day between 6:30am and 10:30am.

Q: When and where on race day will the Brigham 10K Team group photo be taken?

A: 7:05am on the baseball fields next to the Brigham Team Tent on Boston Common.

B.A.A. 10K TEAM 2022

Q: Can I leave my bag at the Brigham Team Tent during the race?

A: No, runners cannot leave their bag in the Brigham Team Tent. The B.A.A. requires runners to check their bags at the central gear checked tent located near the start line on Boston Common. Clear bags will be provided, and belongings must be claimed following the race.

Q: Will there be a Brigham cheering section?

A: No, the Brigham Team does not have a cheering section on the course. Your family and friends may cheer for you anywhere along the course.

Q: Will there be fuel along the course?

A: Yes! The B.A.A. will provide water at miles 1, 2, 4, and 5 and Gatorade endurance formula at mile 4.

Q: Can I bring a guest with me to the Brigham post-race party on Boston Common?

A: Guests are welcome to the tent when the race concludes and will receive a bracelet that identifies them as a guest. Runners and guests can have bagels; Sam Adams beer is reserved for <u>runners only</u> due to limited quantity.

Q: I am a guest of a runner and would like to make a donation to drink a Sam Adams beer at the post-race party, can I do this?

A: No, we have limited quantities of Sam Adams and only enough for runners.

Q: Can my guest hang out by the Brigham Team tent before the race?

A: Yes

Q: If I am a virtual runner, can I still attend the Brigham post-race party on Boston Common?

A: Virtual runners who commit to the \$150 fundraising level are invited to join the Brigham post-race party on Boston Common.

Q: What happens at the post-race party?

A: Brigham runners can enjoy bagels, fruit, beverages, and Sam Adams beer with teammates.

Q: Are dogs allowed at the post-race party?

A: No, dogs and other animals are not allowed at the post-race party.

Fundraising

Q: Is fundraising required and when is the deadline? What happens if I don't complete my fundraising commitment by the deadline?

A: Yes, fundraising is required, and the deadline is Sunday, June 26 at 6AM EST. If you don't complete your fundraising commitment by June 26, the credit card on file will be charged the remaining balance. Fundraising commitments are the following:

- In-person \$300 or \$500
- Virtual \$100 or \$150

Q: How do I get my fundraising incentives?

A: All fundraising incentives will be mailed to runners in July/August

Q: Are check donations accepted?

A: Yes! Checks must be made payable to Brigham and Women's Hospital. Please include this <u>cover sheet</u> with the check and mail the check to: 116 Huntington Ave, Third Floor, Boston, MA 02116.